Cerebral Oxymeter Changes and Clinical Outcomes at Different Hypothermic Levels During Cardiopulmonary Bypass In Pediatric Patients

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ABSTRACT

Introduction: Cardiopulmonary bypass (CPB) may not provide sufficient tissue perfusion. Hypothermia are used to protect organs especially brain and heart from this perfusion insufficiency. We investigated the effect of different hypothermic levels on cerebral oxygenation during CPB by using cerebral oxymeter.

Materials and Method: Study included 30 pediatric patients who were underwent congenital heart operation. Mean age was 41.83±39.96 month (2-156 month), 19 males. Children were divided to 3 groups by different hypothermic levels at CPB (32°C, 30°C and 28°C). The measurements were made 5 times: before anesthesia induction, during cooling (34°C), at the coldest value (first group 32°C, second group 30°C, third group 28°C), during rewarming (34°C), at the end of rewarming (37-38°C). Cerebral oxygen saturation, arterial oxygen saturation, arterial carbon dioxide pressure, mean arterial pressure, pH, lactate, base excess, hematocrit measurements were made for all of patients and mean values were calculated for each group.

Results: As a result of comparison of recorded parameters, there were no significant differences between 32°C, 30°C and 28°C groups (p> 0,05). When compared change of cerebral oxygen saturation values with the other parameters' changes between the periods, mean arterial pressure and hematocrit changes showed noteworthy similarities. However, any relation hadn't been found between the other parameters and cerebral oxygen saturation.

Conclusion: It was observed that cerebral oxygenation hadn't changed significantly at different hypothermic degrees. It's important to keep temperature as much as possible to avoid from possible negative effects of hypothermia. Close monitoring the cerebral oxygenation with cerebral oximetry may take an important part to ensure patient's safety.

Keywords: Cardiopulmonary Bypass, Cerebral Oxymeter, Hypothermia, Cerebral Perfusion, Near-Infrared Spectroscopy

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Pediyatrik Hastalarda Kardiyopulmoner Baypas Sırasında Farklı Hipotermik Seviyelerinde Serebral Oksimetri Değişimi ve Klinik Sonuçları

ÖZET

Giriş: Kardiyopulmoner baypas yeterli doku perfüzyonu sağlayamayabilir. Organları bu perfüzyon yetersizliğinden korumak için hipotermi kullanılır. Biz çalışmamızda farklı hipotermik seviyelerin serebral oksijenasyona etkisini serebral oksimetre kullanarak araştırmayı amaçladık.

Hastalar ve Metod: Çalışmaya konjenital kalp cerrahisi uygulanan 30 pediatrik hasta dâhil edildi. Ortalama yaş 41.83±39.96 ay (2-156 ay), 19 erkek. Hastalar KPB'daki farklı hipotermik seviyelere göre 3 gruba ayrıldı. Ölçümler 5 farklı aşamada yapıldı: anastezi indüksiyonu öncesi, soğuma aşamasında (34°C), en son soğuma değerinde (1. Grup 32°C, 2. Grup 30°C, 3. Grup 28°C), ısınma aşamasında (34°C), ısınmnın sonunda (37-38°C). Her hasta için serebral oksijen satürasyonu, arteryal oksijen satürasyonu, arteryel karbondioksit basıncı, ortalama arter basıncı, pH, laktat, baz fazlası, hematokrit ölçümleri yapıldı ve ortalama değerler her grup için hesaplandı.

Bulgular: Kaydedilen değerlerin karşılaştırıldığında 32°C, 30°C ve 28°C gruplarında anlamlı fark yoktu (p> 0,05). Serebral oksijen satürasyonundaki değişim ile diğer parametrelerdeki değişimler ile ortalama arter basıncı ve hematokrit değerlerindeki değişimler kayda değer benzerlik göstermekteydi. Bununla beraber, serebral oksijen satürasyonu ile diğer parametreler arasında ilişki bulunamadı.

Sonuç: Serebral oksijenasyonun farklı hipotermik seviyelerde değişmediği göz önüne alındığında, sıcaklık seviyesini mümkün olduğunca korumanın hipoterminin olası negatif etkilerinden korumada önemli olduğunu düşünmekteyiz. Ayrıca, serebral oksijenasyonun serabral oksimetre ile yakın monitörizasyonu hastanın güvenliğini sağlamada önemli rol oynayabilir.

Anahtar Kelimeler: Kardiyopulmoner Baypas, Serebral Oksimetre, Hipotermi, Serebral Perfüzyon, Kızıl Ötesi Spektroskopi

Geliş Tarihi: 20.06.2018 - **Kabul Tarihi:** 08.09.2018

Introduction

Increasing the flow speed to provide perfusion to the tissues not only increases the physical side effects, but also fills the operating area with blood making the surgeon's task much more difficult. Reducing the perfusion also makes it harder for the tissues to supply oxygen. Therefore, full body hypothermia is used to reduce the need for oxygen by the tissues and at the same time to curb the inflammatory effects of cardiopulmonary bypass (CPB).

Reducing the body's temperature in line with the planned procedure is a frequently used method in cardiac surgery. In this way, the safe intervals of perfusion pressure can be expanded and the pump flow can also be reduced at that same interval and even be stopped for a period. Especially for pediatric patients an average hypothermia level (32°C - 28°C) is preferred. Deep hypothermia is used more in cases when there is need for circulatory arrest[1, 2].

During CPB, using measures that provide information regarding full body perfusion, such as monitoring blood pressure, examining arterial blood gas and oxygen saturation are routinely used. However, in centers that specialize in congenital heart surgery, additional methods are used to monitor specific tissue perfusion[3-7].

As use during cardiac surgery, the wealth of information provided by the cerebral oxymeter (near- infrared spectroscopy - NIRS) allows physicians to have instant information regarding cerebral perfusion. As a result, it allows for the surgical team to intervene before it is too late in cases of hipoperfusion[5, 6].

In this study we attempted to gauge the probable relationship between cerebral oxygenation and body temperature at different temperatures in medium degree hypothermia, which is frequently used in congenital cardiac surgery. In this study we employed the cerebral oxymeter method routinely used in our congenital cardiac surgery clinic.

Material – Method

With the approval of our hospital Ethics Committee and patients' parents, we compiled the data from our patients in our routine surgical program. During the surgical planning and application phase, no special medications were used and no changes were made at our routine practice.

We included 30 pediatric patients from our hospital. These patients were diagnosed with congenital cardiac anomalies and were operated via open-heart surgery using cardiopulmonary bypass. These patients were in a stable status and did not exhibit any growth or developmental retardation. The average age was 41.83±39.96 months [(2-156 months), 19 boys (63.3%), 11 girls (36.7%)](Table 1).

Table 1. Patient Characterisitcs

		32^0 C (n=10)	30^0 C (n=10)	28^0 C (n=10)	^+p
		Ort±SS (Medyan)	Ort±SS (Medyan)	Ort±SS (Medyan)	
Age (Month)		41,40±38,83 (27)	40,60±44,75 (33)	43,50±40,35 (23,5)	0,954
Weight		12,29±6,70 (10,3)	16,20±15,73 (12,5	14,30±8,62 (11,0)	0,890
		n (%)	n (%)	n (%)	^{++}p
Gender	Male	6 (%60,0)	7 (%70,0)	6 (%60,0)	0,866
	Female	4 (%40,0)	3 (%30,0)	4 (%40,0)	

The patients were divided into three groups according to the hypothermia used (32°C, 30°C and 28°C). The groups were randomly chosen and included 10 patients.

Five measurement were taken for each child at different intervals; 1- prior to the induction of anesthesia (basal value), 2-During cooling under CPB (34°C), 3-the lowest cooling level (32°C for the first group, 30°C for the second group and 28°C for the third group, 4- during rewarming (34°C) and post warming (37-38°C), 5-Before CPB was completed. The parameters for the measurements included: cerebral oxygen saturation (rSO_2), arterial oxygen saturation (SaO_2), arterial carbon dioxide pressure ($PaCO_2$), mean arterial pressure (MAP), pH, lactate, base excess (BE) and hematocrit (Hct).

The nasopharyngeal temperature of the patients in the first group was cooled to 32°C, 30°C for the second group and 28°C for the third group. After the desired cooling was achieved, the cooling was stopped and the body temperatures were kept constant. After the surgical intervention, the bodies were rewarmed to 37 – 38°C.

The pump flow was set to the hypothermic level and body surface area (BSA) as a systemic arterial pressure control as per Table 2. For the acid-base balance control the α-stat method was used during all the phases of cardiopulmonary bypass.

Table 2: Flow management due to body temperature

37 – 34 °C	(BSA x 2400) ml/m^2.min
34 – 32 °C	(BSA x 2200) ml/m^2.min
32 – 30 °C	(BSA x 2000) ml/m^2.min
30 – 26 °C	(BSA x 1800) ml/m^2.min

Statistical Analysis

In analyzing the findings of the study, the SPSS (Statistical Package for Social Sciences) for Windows 15.0 program was used. In analyzing the data we used the statistical methods (Mean, Standard Deviation, Frequency) and the One-Way Anova test to measure the quantitative data comparisons among the different groups, which show the normal distribution parameters. We used the Tukey HDS test for the group that showed a difference. To conduct a data comparison among the different groups for the parameters that do not show a normal curve we used the Kruskal Wallis test and the Mann Whitney U test for the group that showed a difference. For a comparison of the data within a group that does not show a normal distribution we used the paired sample t test. To compare the qualitative data we used the Ki-Square test. To measure the relationship between the parameters we used the Spearman's rho correlation analysis. The statistical significance was at the $p<0.05$ level.

Results

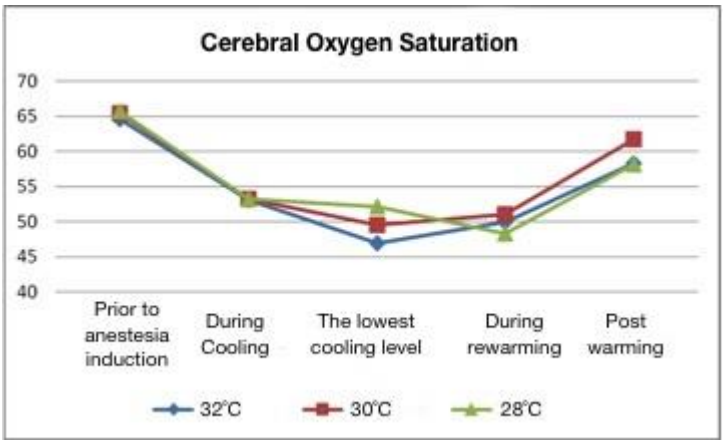
Of the 30 pediatric patients having undergone open heart surgery, 6 (20%) were cyanotic and 24 (80%) were acyanotic. The distribution of cyanotic and acyanotic patients between the groups was homogenous. All the patients who did not show any signs of growth or developmental retardation were all hemodynamic stable. The demographic characteristics and distribution according to groups is provided in Table 1. We could find no significant statistical difference between the children's average ages, weights and genders among the different groups ($p>0.05$). The distribution of the diagnoses for the different groups can be found in Table 3. The study included a maximum of 16 (53.3%) of patients diagnosed with ventricular septal defect (VSD), 8 (26.7%) of atrial septal defect (ASD) and 5 (16.7%) with Tetralogy of Fallot. The diagnoses were either isolated or mixed type.

Table 3: Distribution of the diagnosis

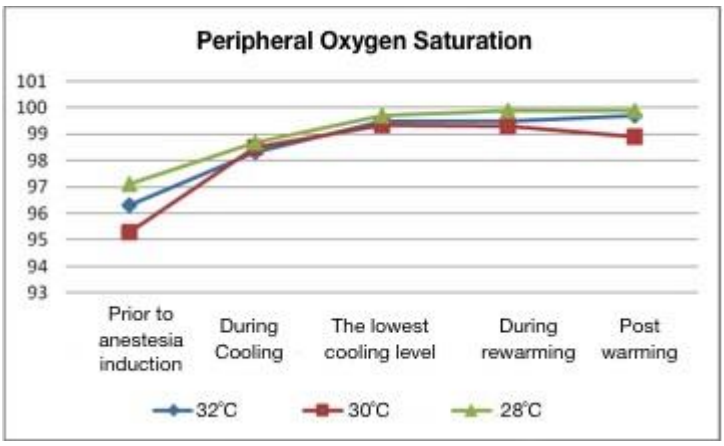
Diagnose	32^0 C	30^0 C	28^0 C	Total
	n (%)	n (%)	n (%)	n (%)
ALCAPA Syndrome	0 (%0,0)	0 (%0,0)	1 (%10,0)	1 (%3,3)
ASD	2 (%20,0)	3 (%30,0)	3 (%30,0)	8 (%26,7)
AV Canal Defect (AVCD)	0 (%0,0)	1 (%10,0)	1 (%10,0)	2 (%6,7)
Hemitruncus Arteriosus	1 (%10,0)	0 (%0,0)	0 (%0,0)	1 (%3,3)
Mitral Insufficiency /Stenosis	1 (%10,0)	0 (%0,0)	0 (%0,0)	1 (%3,3)
TOF	1 (%10,0)	2 (%20,0)	2 (%20,0)	5 (%16,7)
Tricuspid Hypoplasia	1 (%10,0)	0 (%0,0)	0 (%0,0)	1 (%3,3)
VSD	5 (%50,0)	6 (%60,0)	5 (%50,0)	16 (%53,3)

Cerebral and peripheral arterial oxygen saturation

Graphics 1 and 2 show the mean cerebral and peripheral oxygen saturation levels of the groups before the induction of anesthesia, during cooling, at the lowest cooling level, during warming and after the warming phase. There were no significant statistical differences found (p>0.05).



Graphic 1: Mean cerebral oxygen saturation



Graphic 2: Mean peripheral oxygen saturation

The cerebral oxygen saturation of the groups taken during the different phases of the monitoring showed no significant statistical difference between the groups (p>0.05).

The peripheral oxygen saturation of the groups taken during the different phases of the monitoring showed no significant statistical difference between the groups (p>0.05).

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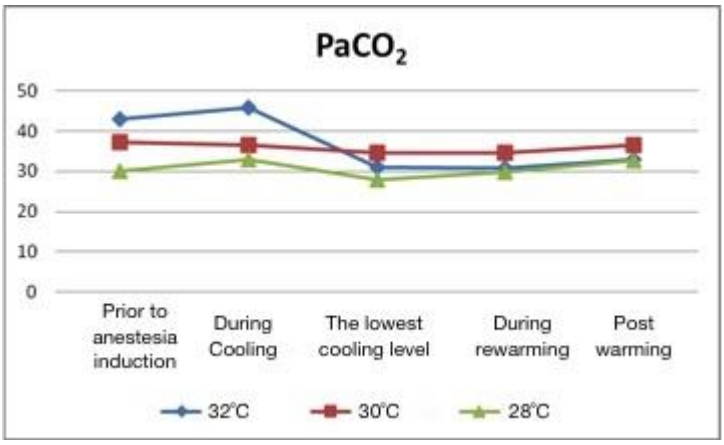
Peripheral arterial carbondioxic pressure:



Graphic 3: Peripheral arterial carbondioxic pressure

There was a significant statistical difference in the $PaCO_2$ levels before the induction of anesthesia between the groups ($p<0.05$) (Table 4). Before induction of anesthesia 32^0C group's $PaCO_2$ levels were significantly higher than the 28^0C group's ($p<0.05$). The other groups showed no significant differences in $PaCO_2$ levels before the induction of anesthesia ($p>0.05$).

There was a significant statistical difference in the $PaCO_2$ levels during the cooling phase (34^0C) for the groups ($p<0.05$). The 32^0C group's $PaCO_2$ levels during the cooling phase were significantly higher than the 28^0C group's ($p<0.05$). The other groups showed no significant differences in $PaCO_2$ levels during the cooling phase ($p>0.05$).

There was a significant statistical difference in the $PaCO_2$ levels during the warming phase (34^0C) for the groups ($p<0.05$). The 30^0C group's $PaCO_2$ levels during the warming phase were significantly higher than the 28^0C group's ($p<0.05$). The other groups showed no significant differences in $PaCO_2$ levels during the warming phase ($p>0.05$).

There was a significant statistical difference in the average $PaCO_2$ levels during the coolest phase for the groups (first group 32^0C, for the second group 30^0C and for the third group 28^0C) and after warming (37 – 38^0C)($p>0.05$).

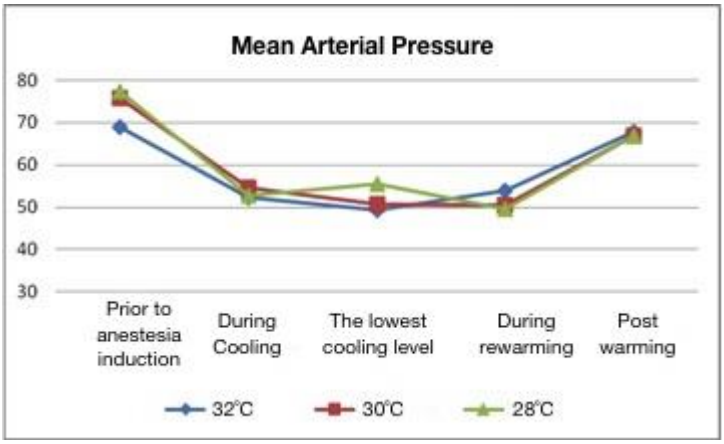
There was a significant statistical difference in the $PaCO_2$ levels between the groups during the cooling phase. The $PaCO_2$levels that dropped the most were (first group 32°C, second group 30°C and third group 28°C). The reduction in the $PaCO_2$ levels was highest in the 32°C group and were also significantly higher than the 30°C and 28°C groups (p>0.05).

Table 4: Post Hoc test results

$PaCO_2$	Soğuma Sırasında-En Düşük Soğuma Seviyesi
32^0 C /30^0C	*0,013**
32^0 C /28^0C	*0,016**
30^0C /28^0C	*0,226*

Mann Whitney U Test ** p<0.05*

Mean arterial pressure



Graphic 4: Mean arterial pressure

There was no significant statistical difference in the average arterial pressure between the groups before the induction of anesthesia, during cooling, at the coolest phase, during warm up and post warm up (p>0.05).

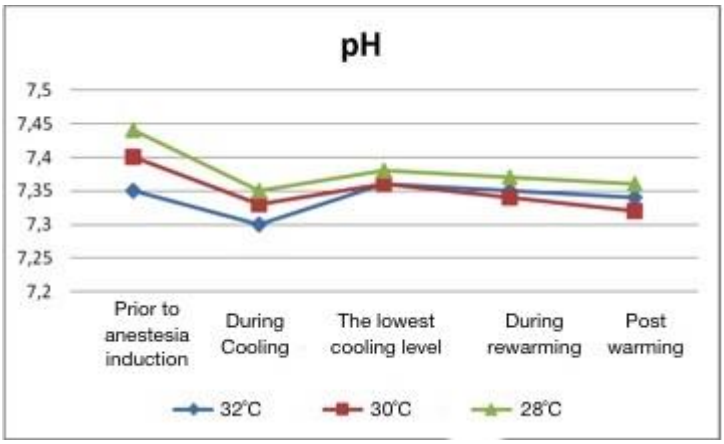
There was a significant statistical difference in the average arterial pressure between the groups during the coolest phase and during warm up (p<0.05). While there was an increase in the average arterial pressure for the 32^0C group during warm up when compared to the coolest phase, there was a decrease in the arterial pressure for the 28^0C group and this difference was found to be significant (Table 7). There was no significant statistical difference in the average arterial pressure between the other groups from the coolest phase to the warm up phase.

Table 5. Post Hoc test results

MAP	The Coolest Phase – During Warming
32^0 C /30^0C	*0,095*
32^0 C /28^0C	*0,012**
30^0C /28^0C	*0,183*

Mann Whitney U Test ** p<0.05*

PH level

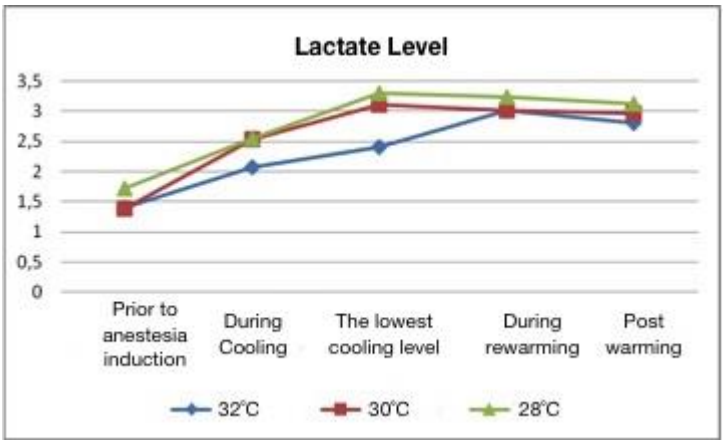


Graphic 5: pH level

There was no significant statistical difference in the average pH levels between the groups before the induction of anesthesia, during cooling, at the coolest phase, during warm up and after warm up (p>0.05).

There was no significant statistical difference in the changes in the pH levels during monitoring of the three groups (p>0.05).

Lactate level



Graphic 6: Lactate level

There was no significant statistical difference in the average lactate levels between the groups before the induction of anesthesia, during cooling, at the coolest phase, during warm up and after warm up (p>0.05).

There was no significant statistical difference in the changes in the lactate levels during the monitoring of the three groups (p>0.05).

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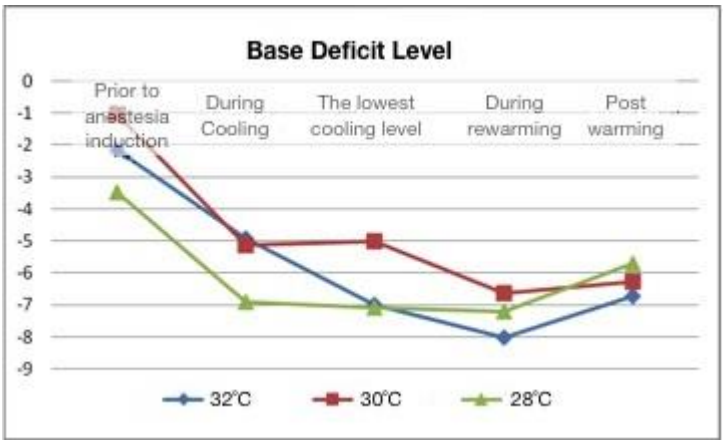
Base deficit level



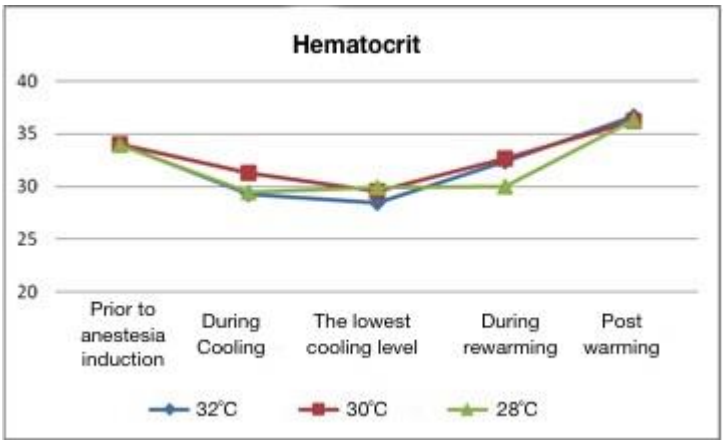
Graphic 7: Base deficit level

There was a signifycant statistical difference in the base deficit levels between the groups before the induction of anesthesia ($p>0.05$). The base deficit levels of the 28^0C before the induction of anesthesia were significantly higher than the 30^0C group ($p:0.016$; $p<0.05$).

There was no significant statistical difference in the base deficit levels between the other groups before the induction of anesthesia ($p>0.05$).

There was no significant statistical difference in the average base deficit levels between the groups during the cooling phase (34°C), during the coolest phase (32°C for the first group, 30°C for the second group and 28°C for the third group), during the warming phase (34°C) and post warm up (37 – 38°C) ($p>0.05$).

Hematocrit level



Graphic 8: Hematocrit level

There was no significant statistical difference in the average hematocrit levels between the groups before the induction of anesthesia, during cooling, at the coolest phase, during warm up and after warm up ($p>0.05$).

There was no significant statistical difference in the drop of average hematocrit levels between the groups before the induction of anesthesia compared to the cooling phase ($p>0.05$).

There was no significant statistical difference in the drop of hematocrit levels between the groups from before the induction of anesthesia phase to the coolest phase (32°C for the first group, 30°C for the second group and 28°C for the third group)($p>0.05$).

There was no significant statistical difference in the increase of hematocrit levels between the groups before the induction of anesthesia phase and post warm up phase ($p>0.05$).

There was no significant statistical difference in the drop of hematocrit levels between the groups cooling phase and coolest phase ($p>0.05$).

There was a significant statistical difference in the increase of hematocrit levels between the groups coolest phase (32°C for the first group, 30°C for the second group and 28°C for the third group) and the warm up phase ($p<0.05$). The increase in hematocrit levels for the 28^0C group from the coolest phase to the warm up phase was significantly less than those recorded for the 32^0C and 30^0C groups ($p<0.05$). There was no sig-

nificant statistical difference in the increase in hematocrit levels between the 32^0C and 30^0C groups from the coolest phase to the warm up phase (p>0.05).

There was no significant statistical difference in the increase of hematocrit levels between the groups warm up phase and after warm up phase (p>0.05).

Analysis of the post-operative results

There was no significant statistical difference in the patients' waking up from anesthesia, extubation time and both in the ICU and hospital stay between the groups (p>0.05).

Table 6: Assesment of groups according to the postoperative resuts

	32^0 C (n=10)	30^0 C (n=10)	28^0 C (n=10)	
	Mean±SD (Median)	Mean±SD (Median)	Mean±SD (Median)	$^+$p
Waking up (Minute)	90,00±61,64 (60,0)	69,00±40,12 (60,0)	77,00±45,71 (60,0)	0,786
Extubation (Hour)	17,55±13,24 (18,5)	13,70±7,68 (13,0)	23,40±34,50 (13,0)	0,974
ICU (Day)	3,20±2,89 (2,00)	2,10±1,66 (1,50)	2,50±1,90 (2,0)	0,407
Hospital (Day)	9,20±3,48 (8,50)	8,10±4,53 (6,50)	7,40±2,17 (7,0)	0,516

$^+$ *Kruskal Wallis test* $^{++}$ *Ki-square test*

Discussion

Open-heart surgery has showed significant progress since cardiopulmonary bypass (CPB) was first implemented in the 1950s. CPB gave surgeons the opportunity to stop a constantly beating heart filled with blood, making the heart blood-free and thereby making it much easier to open the heart and operate. This procedure, while very significant for cardiac surgery, has been popular topic to help shed light on the reason behind some of the negative effects of CPB in order to develop precautionary measures.

The unhindered blood flow, which reaches surfaces outside of the body, stimulates the cellular and humoral inflammation mechanisms, leading to unwanted coagulation or hemostasis defects, and causes cytological and chemical changes, which negatively affect organ and tissue function[8]. In addition, it also adds to the physical traumas associated with CPB like hemodilution, the vacuum and pumping ability and the difference in the diameter and structure of the cannula [9, 10].

During open-heart surgery, to minimize the effects of CPB, it is not always the best approach to maintain the homeostasis of the tissues and organs close to the physiological borders. Rather, it is important to set the safety intervals and monitoring of the tissues and organs according to the momentary conditions. When compared to adult patients, this momentary monitoring is much more critical for patients in the pediatric group.

In order to counter the effects of CPB it is important to reduce the perfusion to lowest level possible. To increase the body's tolerance to hipoperfusion, an intervention must be made. Among such interventions, full body hypothermia tops the list.

During cardiopulmonary bypass the most affected organ is the brain. In the case of low hypoxia tolerance and damage, there can be very dramatic clinical results. Therefore, methods to monitor the brain's perfusion and to protect the brain are gaining importance[11, 12].

Varying levels of hypothermia during open-heart surgery is a commonly used method. Systemic hypothermia is used to lower systemic and particularly cerebral oxygen consumption and to support myocardial hypothermia during the aortal clamp. Cerebral hypothermia reduces the negative effects of low perfusion pressure and hematocrit levels, and extends the safety period for low flow CPB and circulatory arrest.

Hypothermia also has the negative effect of hindering the central nervous system's protective function and impeding the coagulation system, causing wound infection and neurocognitive problems [13].

During CPB, parameters like mean arterial pressure (MAP), oxygen saturation (SaO_2), partial alveolar carbon dioxide pressure ($PaCO_2$), acid-base balance (pH), hematocrit (Hct) and body temperature have effects on cerebral perfusion[14-16].

In the study of Ehrlich et. al. conducted on pigs, they found that at the 37°C base-line level, the speed of cerebral blood flow and cerebral metabolism dropped during medium hypothermia (28°C) and deep hypothermia (18°C), but increased during very deep hypothermia (8°C)[17.]

In the same study, they found that at 18°C (the assumed level for cerebral metabolism to stop) the brain's basal metabolism continued and although cerebral protection increased, it was not complete. For cerebral metabolism to stop completely, they recommended more cooling.

We noted in our study that normal body temperature (36 – 37°C), taken as 1st measurement value and cerebral oxygenation saturation values during the stable hemodynamic phase (rSO2) (base-line), in the cooling phase (34°C), dropped in the coolest phase (first group 32°C, second group 30°C and third group 28°C). We noted that aside from the third group (28°C group) that during the warm up phase (34°C), the rSO2 values started to increase again. Post warm up, before the end of CPB, during the (37 – 38°C) phase, we noticed that the rSO2 values for all three groups continued to rise. When we analyzed all the patients the change between the first measurement and the other measurements was found to be statistically significant ($p<0.05$; $p<0.01$). When we compared the groups, however, the change between the groups was not found to be statistically significant ($p>0.05$).

Murphy and friends, in their article[18] of 2009, discussing optimal perfusion during cardiopulmonary bypass, examined various cases where certain parameters were effective in cerebral perfusion and oxygenation. According to these cases, there is no specific view on the mean arterial pressure level during CPB, but that for most clinics it is at the 50-60mmHg level and that in deep hypothermia the lower limit could drop to as low as 20-30mmHg. Furthermore, they mentioned that keeping the MAP low could have positive effects like less blood cell trauma and less collateral backflow for a heart in diastolic arrest.

Sungurtekin et al [19] argued that for safe cerebral perfusion during CPB, instead of pump flow speed, MAP was effective and that if pump flow was to be thought of as independent from MAP, then cerebral perfusion was not effective.

In our study we did not see any significant differences between the groups in MAP levels during the rSO_2 measurement phases. Furthermore, when we looked at the change in MAP levels within the groups, there was significant change between the first measurement and the 2nd, 3rd, and 4th measurements (a drop in the 32°C and 30°C groups and an increase in the 28°C group) ($p<0.05$; $p<0.01$), but there was no real change observed during the 5th measurement ($p>0.05$). The change graph when examined together with the rSO_2 change graph depicts that MAP and rSO_2 showed a similar change.

Alexander Gersten in his study[20] listed cerebral perfusion pressure, partial arterial oxygen pressure (PaO_2), cerebral metabolism, partial arterial carbon dioxide pressure ($PaCO_2$) and cardiac output (CO) as the major factors in the control of cerebral blood flow and that $PaCO_2$, independent of the cerebral blood flow auto regulation mechanism, increased cerebral blood flow by cerebral vascular dilation.

In our study we also measured patients' arterial blood gas levels when we were measuring cerebral oxygen saturation (rSO_2). In the periods when we were measuring $PaCO_2$values, and the changes in these values, there was a change within the groups and between the groups, but no correlation between the changes in rSO_2values.

There was no significant statistical difference in the arterial oxygen saturation values in the different measurement periods nor between the groups ($p>0.05$). At the same time, we could find no correlation between these changes and rSO_2.

Moura Luz and friends, in their studies[21] comparing acid-base balance during normothermy (37°C) and light/medium hypothermia (35 – 33°C), examined parameters like pH, arterial bicarbonate and base deficit and could not find a significant statistical change in those parameters.

We also measured pH, lactate and base deficit values, as indirect gauges of patients' full body perfusion, when looking at cerebral perfusion. To control the acid-base balance in our clinic we use the α – stat method and during base deficit increases alongside acidosis, we use bicarbonate infusions. There was no significant change in patients' pH values from the 1st measurement and the other measurements aside from a few measurements ($p>0.05$). There was no significant change in the pH values between the groups and measurement periods ($p>0.05$). However, there was a significant increase in the lactate levels between the 1st measurement and the other measurements ($p<0.05$; $p<0.01$). That said, there was no statistical difference between the groups in the measurement levels and measurement periods between the groups ($p>0.05$). There was a significant increase in the base deficit values of the patients from the 1st measurement and the

other measurements ($p<0.05$; $p<0.01$). When these changes were compared between the groups, the largest increase was seen in the 28°C group and this difference was statistically significant ($p<0.05$). There was no difference between the other groups ($p>0.05$). When these changes were examined in line with the changes in $rSO_{2,}$ there was no correlation between them.

One of the inevitable results of cardiopulmonary bypass, especially in pediatric patients, is hemodilution. Even though at first it seemed positive that there is a lessening in the physical effects of the hypothermia-related increase in blood viscosity and blood trauma and an increase in microcirculation, in later studies it was shown that there were oxygenation defects in three organs and that there was an increase in mortality/morbidity and an increase in the length of hospitalization[22, 24].

Despite the fact that hemodilution increase the flow of cerebral blood, because of its reduction in oxygen, it does not provide any benefits for cerebral oxygenation, and there are studies that show it even hinders cerebral oxygenation[25, 26]. In our study hematocrit levels were recorded at the same measurement intervals. The hematocrit levels recorded during our study fell consecutively in line with the cooling, but not demonstrating a significant difference ($p>0.05$), at the coolest levels except for the 28°C group, in the other groups there was a significant drop compared to the 1st measurement ($p<0.05$). In the warming phase there was an increase once more in the hematocrit levels of all the patients. When examined graphically, there is a graphical similarity with the change recorded in the rSO2 graph.

Study Limitations

This study has a number of limitations. First, this is a retrospective and non-randomized study. Therefore, it is likely to have selection bias. However, the patients selection was tried to do consecutively. The second limitation is number of patient. Although the number of patient is little, this study may be a preliminary study for further studies. And the third limitation is operative approach difference. The operations which mentioned in this study were performed by different surgical teams. This situation is inevitable while choosing patients consecutively in a retrospective study.

Conclusion

There may be some methodological differences between clinics while conducting cardiopulmonary bypass at open heart surgery. However, mild and medium systemic hypothermia is more often preferred to achieve surgical comfort and ensure patient's safety.

If general medical principle should be 'Primum, non nocere,' in other words 'First do not harm,' any physical intervention should be well specified and a decision should be made accordingly. We believe that if there are no real benefits for the patient, the patient's physical boundaries should not be altered.

When we analyze the results of our study, we believe that monitoring a patient's arterial and central venous pressure, blood gas, urine output and selective organ perfusion will give us useful information about a patient's simultaneous condition during cardiopulmonary bypass. In particular, in order to monitor brain perfusion, the oxymeter method can help us intervene quickly if there are perfusion defects, and also can prevent practitioner from unnecessary approaches.

NIRS showed us, the mean arterial pressure was the most important parameter which affect the cerebral perfusion. Even though which hypothermic level has been chosen.

In order to achieve cerebral oxygenation, there is no difference between the hypothermic levels in medium level hypothermia and that it is unnecessary to further lower body temperature (to 28°C from 32°C). Furthermore, we believe that using a method like NIRS in cerebral perfusion monitoring could be beneficial in enhancing patient safety.

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